

MEREDITH A. BOX

Senior Associate / Nashville

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Meredith Box dedicates her legal practice to advising and representing management clients facing employment law challenges.

With particularly strong experience in the healthcare, insurance, and transportation industries, Meredith's overarching goal is to craft business-friendly solutions to workplace issues, while also reducing the overall litigation risk to the organization. Prior to joining FordHarrison, she was an associate in the Nashville office of a large national general services law firm. In this role, she focused on healthcare liability litigation, insurance defense, healthcare policy and regulatory matters, wrongful death litigation, and other general liability matters.

While in law school, Meredith served as a Belmont Law Ambassador, a member of the Student Bar Association, and a member of the Health Law Society. In her spare time, Meredith enjoys hiking, snow skiing, and cheering on the Tennessee Volunteers.

Representative Experience

- » Obtained summary judgment in favor of an attorney and law firm in a legal malpractice action.
- » Defended hospitals and individual health care providers in complex medical malpractice actions.
- » Successfully obtained summary judgment and dismissal of a plaintiff's wrongful death claim in a construction negligence action.
- » Successfully obtained summary judgment on behalf of a national healthcare client in a lawsuit alleging sexual harassment and retaliation.

Honors & Awards

- » *The Best Lawyers in America: Ones to Watch*, Labor and Employment Law - Management, and Litigation - Labor and Employment (2025)

EDUCATION

- » Belmont University College of Law (J.D., 2020)
- » University of Tennessee (B.S., 2016)

BAR ADMISSIONS

- » Tennessee

COURT ADMISSIONS

- » U.S. District Court for the Eastern District of Tennessee
- » U.S. District Court for the Middle District of Tennessee
- » U.S. District Court for the Western District of Tennessee

Memberships

- » American Bar Association
- » Tennessee Bar Association
- » Nashville Bar Association
- » Lawyers' Association for Women, Marion Griffin Chapter
- » Medical Professional Liability Association

News & Insights

- » April 18, 2024 - Supreme Court Rules that the FAA's Arbitration Exemption is Not Limited to Transportation Industry
- » August 22, 2023 - Pregnant Workers Fairness Act - EEOC Proposed Regulations
- » August 21, 2023 - Celebrating Growth and Expertise: FordHarrison Introduces a Stellar Team of Eight New Attorneys

Offices

- » *Nashville:*
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