

JESICA P. FICO

Associate / Tampa

jfico@fordharrison.com / P: 813-261-7889



Jessica Fico's legal practice is entirely focused on the representation of management clients in labor relations and employment law disputes.

Prior to joining FordHarrison, Jessica completed an internship at the National Labor Relations Board in Tampa. While in this role, she attended case management meetings, conducted legal research, prepared final investigative reports, and observed and assisted in conducting new charge affidavit interviews.

While in law school, Jessica was a finalist in the 1L Mock Trial Competition, a Senior Stetson Ambassador, and a Senior Associate Member with the Stetson Business Law Review Journal. While earning her J.D., Jessica displayed a commitment to pro bono work with Bay Area Legal Services, and upon graduating received the William F. Blews Award in recognition of her many hours of service.

Before attending law school, Jessica spent nearly 5 years as a paralegal which allowed her to obtain experience in nearly all facets of litigation.

News & Insights

- » March 20, 2026 - EEOC Hits "Rewind": What the Rescission of Harassment Guidance Means for Employers
- » December 15, 2025 - The Florida Bar Labor and Employment Checkoff - December Issue
- » June 24, 2024 - It's about Tyne to Try Something New: The Burden of the Standard of Proof
- » November 27, 2023 - FordHarrison Welcomes Five New Associates

Offices

- » *Tampa:*
401 East Jackson Street, Suite 2500
Tampa, Florida 33602

EDUCATION

- » Stetson University College of Law (J.D., *cum laude*, 2023)
- » University of South Florida (B.A., *cum laude*, 2015)

BAR ADMISSIONS

- » Florida

LANGUAGES

- » Greek (fluent)

