FORDHARRISON

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Lauren Sellers represents management clients in all manner of matters related to labor and employment law.

Prior to joining FordHarrison, Lauren served as a Judicial Intern for Magistrate Amanda Arnold Sansone for the Middle District of Florida and a legal assistant at a Florida-based general services firm. While in undergrad, she served as a legal intern at an employment firm in Tallahassee and discovered her passion for employment law.

During law school, Lauren served as the Mediation Chair and Coach for the Alternative Dispute Resolution Team and a Managing Editor of the *Journal of Law and Public Policy*. She participated in a Mediation Clinic and mediated Small Claims disputes in Alachua County.

Before pursuing law, Lauren attended Florida State University and studied abroad in Florence, Italy. On the weekends, she enjoys cheering on FSU Football and relaxing with murder mystery books.

News & Insights

- April 27, 2026 - The Joint Employer Test, Rewritten: What Employers Need to Know

Offices

- *Orlando:*
  300 South Orange Avenue, Suite 1300
  Orlando, Florida 32801

EDUCATION

- University of Florida College of Law (J.D., 2025)
- Florida State University (B.S., *summa cum laude*, 2022)

BAR ADMISSIONS

- Florida