

## KARA A. CANDLER

**Associate** / St. Louis

kcandler@fordharrison.com / P: 314-257-0305



**Kara Candler focuses her practice on representing management in labor and employment matters, including employment litigation, workplace compliance, and employee relations issues.**

She assists employers with legal research, drafting pleadings and motions, and analyzing federal and state employment laws. Her experience includes matters involving wage and hour compliance, employee leave requirements, workplace policies, and labor arbitration.

Prior to joining FordHarrison as an associate, Kara served as a summer associate with the firm, where she gained experience supporting employment litigation, drafting settlement agreements and employment policies, and assisting with workplace investigations. She also conducted multistate research on employment laws and regulations to help identify compliance considerations and provide practical guidance to employers.

Kara previously interned with the Missouri Department of Revenue, where she researched employment law issues involving employee discipline and procedural matters and supported initiatives within the Office of General Counsel. Prior to attending law school, she worked with the Illinois House of Representatives as a Legislative Community Outreach Coordinator, developing communications strategies, coordinating stakeholder engagement, and managing community outreach initiatives.

## Events

- » December 03, 2026 - Managing the Modern Workplace Seminar 2026 - St. Louis, MO

## Offices

- » *St. Louis:*  
7777 Bonhomme Avenue, Suite 1710  
St. Louis, Missouri 63105

## EDUCATION

- » University of Missouri -  
Columbia School of Law  
(J.D., 2026)
- » Mount Holyoke College  
(B.A., *cum laude*, 2020)

