

MARK E. STAMELOS

Partner / Nashville, Birmingham

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Mark Stamelos represents businesses on their employment issues, including trade secret, non-compete and restrictive covenant disputes as well as defending employers against harassment, discrimination and retaliation claims.

Mark is the Office Managing Partner for FordHarrison's Nashville office. A stickler for responsiveness, Mark likes to visit businesses, study their processes, see the facilities and learn how people do their jobs. He has particular expertise helping clients protect their trade secrets and other valuable business interests. In addition, he provides advice about or litigates issues related to restrictive covenants, such as non-competition and confidentiality agreements. Mark has successfully obtained and defeated temporary restraining orders, preliminary injunctions and permanent injunctions in jurisdictions throughout the United States for clients involved in the technology, healthcare, securities and financial services, transportation, automotive, electronics and advertising sectors.

Mark also has litigation, arbitration, counseling and jury and bench trial experience involving a wide range of other employment-related matters, such as defending claims under state and federal law of unlawful discrimination and harassment, "whistle-blower" retaliation claims, wrongful termination claims and wage and hour claims, including multi-plaintiff, representative and class action lawsuits. Clients have come from myriad industries, including manufacturing, transportation, grocery and healthcare, among others.

Representative Experience

- » Obtained defense jury verdict in an age discrimination case under the ADEA for a large national manufacturing company.
- » Obtained jury verdict for correctional health care company defending against claims of race discrimination in hiring under Title VII after EEOC found cause for plaintiff;
- » Successfully obtained a temporary restraining order and preliminary injunction on behalf of an advertising agency

EDUCATION

- » Capital University Law School (J.D., 1998)
- » San Francisco State University (B.A., 1993)

BAR ADMISSIONS

- » Kentucky
- » Alabama
- » California
- » Tennessee

COURT ADMISSIONS

- » U.S. District Court for the Eastern District of Tennessee
- » U.S. District Court for the Northern District of California
- » U.S. District Court for the Central District of California
- » U.S. District Court for the Western District of Kentucky
- » U.S. District Court for the Western District of Tennessee
- » U.S. District Court for the Middle District of Tennessee
- » U.S. Court of Appeals for the Sixth Circuit
- » U.S. Court of Appeals for the Fourth Circuit
- » U.S. Court of Appeals for the Eighth Circuit

against its former President who violated his non-disclosure agreement;

- » Successfully obtained a temporary restraining order and preliminary injunction on behalf of a financial institution against an investment banker for violating his non-competition and non-solicitation agreement;
- » Successfully obtained a preliminary injunction on behalf of a national transportation company against two former vice presidents and owners for violating their non-competition and non-solicitation agreements;
- » Successfully negotiated turnover of trade secret information and subsequent restrictive covenant restrictions on behalf of transportation company against former employees who left company to begin a competing business;
- » Counseled senior executives and high net worth individuals regarding non-competition, non-solicitation and other restrictive covenant provisions contained in various separation agreements;
- » Obtained defense jury verdict in an age discrimination case under the ADEA for a large national manufacturing company;
- » Obtained a defense bench verdict in a breach of an employment contract case for a national healthcare company; and
- » Successfully defended numerous appeals before the Sixth Circuit Court of Appeals of grants of summary judgment involving employment-related claims, such as the ADA, ADEA, wrongful discharge and retaliation claims.

Honors & Awards

- » *The Best Lawyers in America* "Lawyer of the Year" for *Employment Law – Management* for the Nashville area (2022)
- » The Best Lawyers in America - Employment Law - Management, and Litigation - Labor and Employment
- » Mid-South Super Lawyers - *Super Lawyers Magazine* (2018-2026)
- » *The Legal 500 United States*, Recommended attorney in Labor & Employment - Labor and Employment Disputes (2020)

Memberships

- » Tennessee Bar Association

FIRM LEADERSHIP

- » Nashville Office Managing Partner
- » Management Group

- » Nashville Bar Association

News & Insights

- » SourceBook - Editor, FordHarrison's Labor & Employment Law Sourcebook, Employment Litigation Causes of Action
- » December 04, 2024 - Three FordHarrison Attorneys Named to the 2024 Mid-South Super Lawyers and Rising Stars Lists
- » August 17, 2023 - Five Tennessee-Based FordHarrison Attorneys Listed in the 2024 Best Lawyers in America and Three Listed in Ones to Watch
- » August 19, 2021 - Four FordHarrison Attorneys Named Lawyer of the Year 2022 by the Best Lawyers in America

Events

- » February 18, 2026 - West Tennessee Society for Human Resource Management February 2026 Chapter Meeting - Wage & Hour: What to Know and How to Comply

Offices

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